

# *Reverse Heart Disease, Macular Degeneration, and Any Chronic Pain in Minutes!*

Last month, I introduced you to a machine that can heal many different illnesses. The story of Terrell Owens is truly remarkable. How he came back from a massive ankle injury to star in the Super Bowl in just seven weeks is a miracle. And now, you can experience your own miracles with frequency specific micro current, or FSM.

Before I show you how FSM can treat such ailments as heart disease, eye problems, fibromyalgia, and many other ailments, I'd like to tell you about another professional athlete who has seen the miraculous benefits of FSM.

Professional golfer Bill Glassen isn't as well-known as Terrell Owens, but his story is no less incredible. Bill was in an airplane many years ago when it was hit by lightning. The strike sent massive amounts of electricity through Bill's body. The results were devastating. He couldn't focus mentally. The brain fog it caused was so bad he couldn't even balance a checkbook. Needless to say, he wasn't able to play professional golf anymore.

But his mental issues were only part of his problem. His entire body was constantly in pain. He suffered through three surgeries for knee pain. All of which failed. The surgeons didn't realize that the source of Bill's pain was not his knees. His knees were fine. The source of his pain was the damage done to his brain and nervous system.

Dr. Carolyn McMakin, whom I introduced you to last month, treated Bill with FSM for five hours over three days. At the end of the treatment, his mental fog was gone and his pain was virtually eliminated. The results were so miraculous that he was able to begin playing golf

again. He's been on the pro tour ever since, and finished a tournament in fourth place out of 250 competitors. He was so impressed by the FSM machine that he bought a home unit (which I'll tell you more about in a moment).

FSM is, indeed, a quantum leap in trauma therapy. Dr. McMakin has a long list of professional athletes to prove it. And now that you've seen a couple of impressive cases where FSM completely reversed major trauma, let's turn to a few cases where the patients weren't top-notch athletes. Is it possible FSM can have similar results in people who are far more frail?

Well, let's start with a patient who suffered from ischemia (oxygen starvation) to the heart muscle — a sure sign of an impending heart attack. Surely FSM can't help heart disease. After all, heart disease is best treated with chelation and lots of supplements, isn't it?

I love chelation and using certain supplements for my heart patients. I've seen some miraculous recoveries using these treatments. But they can't compare to the speed of FSM. Take Dr. McMakin's 55-year-old patient Jim. He couldn't make it more than 20 seconds on a treadmill. The EKG showed severe ischemia. His cardiologist wanted to hustle him off to surgery. But Jim chose electricity instead. His reward? In just a few months, he could do 22 minutes on the treadmill with no discernable ischemia.

And what about eye problems? Just about every patient I see over the age of 50 has some type of eye problem. My ophthalmologist friend Ed Kondrot, MD of Phoenix (602-631-4504), has pioneered the use of microcurrent to help macular degeneration.

I told you about microcurrent stimulation (MCS) many years ago. MCS delivers electricity in millionths of an ampere, the physiological current of the body. It can increase ATP (energy chemical of your cells) by 500%, protein synthesis by 70%, and cell transport of molecules by 40%. It's a fantastic source of free electrons (energy) to your cells. Frequency specific microcurrent (FSM) is an improvement that makes quantum leaps in MCS effectiveness.

FSM simultaneously delivers two separate specific frequencies along two separate channels. One frequency is specific for the tissue involved (organ, artery, nerve, tendon, etc.). The other channel delivers a frequency specific to the condition. For example, if you have inflammation in a nerve or tendon, say from an injury, the frequen-

cy for that tissue (from 100 years back) is simultaneously applied with the frequency for inflammation. Just how effective can this be?

When Dr. Kondrot was instructed on, and began using frequencies specifically targeting eye tissues (such as arteries, nerves, etc.), his results took a quantum leap. My dad has macular degeneration. Right in front of me, last February, he was able to read three additional lines on the reading chart in just minutes.

To give you another example of how incredible this technology is, let's look at a study done in 2003 at Australia's University of Sydney. In the study, Vivian Reeve and her colleagues tested FSM in lab animals. The researchers painted a natural proinflammatory chemical called arachidonic acid on the ears of rats. The ears quickly became engorged and inflamed.

The rats were then divided into three separate groups. One group was fed NSAID drugs, including the most powerful NSAID — indomethacin. Another group was treated with the specific frequency for inflammation. And the final group was treated with sham frequencies, not the precise three-digit frequency specific for inflammation.

None of the rats in the latter group had any response. All in the group treated with the specific inflammation frequencies showed a physically measured reduction in swelling of 62% **in just 4 minutes**. This was so unbelievable that the researchers repeated it double blind. They got the same results! Wrong frequency — no response. The correct specific frequency — inflammation melted away — in minutes!

The NSAID drugs at best showed only a slow improvement of 45%. And we know of the severe side effects these drugs can cause. Whereas the frequencies caused no side effects whatsoever!

Now, for some *unknown* reason, publication of this awesome data has been stifled. A powerful low-risk tool that can help you is being kept in the closet. Can you guess why this might have happened? Other animal studies showed that FSM protects against the inflammation of sunburn and prevents immune-system suppression by a chemical agent, such as chemotherapy.

While these studies are very impressive, I personally witnessed miracles while visiting Dr. McMakin. Her assistant, Rundi, has been suffering from a severe reflex sympathetic dystrophy in her right lower leg. Her skin was

shiny, purple, and mottled. She couldn't wiggle her toes or flex her ankle. Lightly touching the affected area was like applying a torch to her skin. Dr. McMakin started her on FSM and, within 20 minutes, her skin color and tone normalized. The unbearable skin hypersensitivity was gone, and she regained near normal movement of her foot and toes.

How can FSM work so fast? Electrical medical pioneer Dr. Robert Becker explained in his book *The Body Electric*. Electricity flows through your body constantly. The nerves conduct an AC current. But the membrane around your nerves, called the perineurium, conducts a DC microcurrent. The perineurium's electrical system transmits information throughout your body and creates healing. For instance, Becker found that in amphibians, a severed limb could regenerate if the perineurium were left intact (even if the nerve itself was severed).

With FSM, the positive lead is applied closer to your spine, and the negative end further away. This matches the DC flow in your perineurium. With the proper frequency and enhancement of energy production from the machine, very rapid healing can occur!

This means that if you're one of millions of people who develop "unexplained" intractable pain and suffering not long after a seemingly minor injury, there's both an explanation and hope for recovery. We see this a lot in whiplash injuries.

Studies have shown that whiplash produces microscopic tears in the surface membranes of your discs. Over time, disc material oozes out. It doesn't take much to make life miserable. This disc substance is extremely inflammatory. It irritates nerves and is destructive. The local inflammation it causes can lead to a multitude of nerve problems. Blood flow to the thalamus of the brain is reduced. Your thalamus is the nerve center where your pain sensation is processed. Dysfunction here can lead to affective (personality) disorders, aching, burning, and tingling pain.

Another type of pain most doctors fail to understand is fibromyalgia. This painful disease is often set off by an injury of some type, whether a fall, a car crash, or something else.

Dr. McMakin treated 54 consecutive patients with diagnosed fibromyalgia with FSM. Forty-nine of them completed the therapy — and 31 recovered *completely*. On a scale of 1-10, with 10 being the most painful, the

machines are a class-2 (safe) device approved for sale by the FDA as a TENS unit (which is very commonly used for pain). And it's becoming more widely available. Several hundred practitioners have been trained. You can find a doctor who uses FSM at the treatment's official website [www.frequency-specific.com](http://www.frequency-specific.com).

There are also home units available by prescription (only from trained physicians) that are programmed to deliver the most important frequencies for conditions such as fibromyalgia, whiplash, sports injuries, and more. The units are relatively expensive. But compared to a lifetime of pain, suffering, doctor visits, drugs, and physical limitation, \$1,300-\$3,550 for such a unit is a bargain.

Treatments with a practitioner typically last 60 minutes and will cost about \$100-\$150. I don't think that's much when you consider that dramatic results are usually attained the very first session and lasting results with just a few more sessions.

If your health practitioner is interested in learning more about FSM, Dr. McMakin is hosting teaching seminars in November and December. Please, take this report to open-minded physicians and encourage them to attend, by calling 877-695-7500. FSM is a service Terri and I offer.

Ref: Cheng, Gnok. *Journal of Clinical Orthopedics*, 1982, vol. 171.